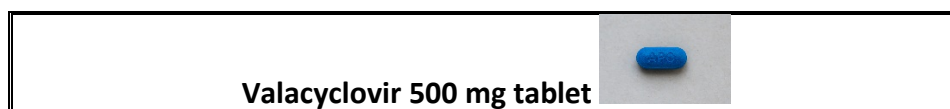


VALACYCLOVIR

- Also known as Valtrex®
- This medication comes as an oral tablet.
- This medication is not funded by BC Transplant and may be purchased at a pharmacy of your choice.

What does this medication look like?

There are several brands for this medication and you may not see yours shown exactly below. Please check with your transplant pharmacists if you have any questions.



What is this medication for?

This is an antiviral medication. You may get valacyclovir for the first few months after your transplant to help prevent certain kinds of viral infections such as herpes, chicken pox, shingles, and cold sores.

How should I take this medication?

Take this medication once a day (for example 9 AM)	Your medication time: _____
Take this medication twice a day (for example 9 AM and 9 PM)	Your medication time: _____

- This medication can be taken with or without food.
- It can be taken at any time of the day and may be taken at the same time as any of your other medications. Take it at the same time every day in order to keep a steady amount (drug level) in your body.

Missed Dose or Vomited Dose:

If you miss a dose take your medication as soon as you remember and then take your next dose at the regularly scheduled time. If you are more than half way to your next dose, skip the missed dose and continue with your regular schedule. Do not double or take extra doses.

If you vomit within 30 minutes of taking the dose or if you see some of the medication come up, then repeat the dose. Otherwise, just continue on with your next scheduled dosing time.

What are some possible side effects of this medication?

<i>Side Effect</i>	<i>Management</i>
Nausea, vomiting, diarrhea	Take with food or milk. May resolve, but inform your doctor if symptoms persist.
Headache	May resolve. Your doctor may suggest an over-the-counter painkiller.