



APRIL 7, 2024

(or Friday, April 5, 2024 in lieu)

*In support of organ donation awareness / registration
in schools and communities across British Columbia.*

SCHOOL TOOLKIT

BC Transplant is encouraging schools to participate in Green Shirt Day on April 5 and/or 7, 2024. Green Shirt Day is an opportunity to generate class discussions on organ donation, inspire action from students, and participate in a meaningful cross-Canada initiative. It is also an opportunity for students to demonstrate leadership by raising awareness for organ donation, and for Grade 10-12 students to apply for [one of four \\$1,500 scholarships!](#) This Green Shirt Day toolkit includes resources and information for educators. There is an accompanying one-pager of ideas for students, available at transplant.bc.ca.

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What is Green Shirt Day?

- Canadians were inspired to rally together in support of the Humboldt Broncos hockey team in April 2018 following the tragic bus crash that killed 16 people.
- Logan Boulet, a 21-year old defenceman, was one of the players who did not survive. He had registered as an organ donor just weeks before and had spoken to his father about his wishes a year before. **Logan was able to save or help improve six people’s lives through organ and tissue donation.**
- Though other victims of the Humboldt crash may have wished to become donors, only Logan died in such a way that allowed for donation to be possible.
- As news spread of Logan’s generous act, thousands across the country and world were inspired to register as organ donors.
- More than 100,000 Canadians registered to become organ donors in the weeks following the tragedy — the largest number of Canadians registering as organ donors due to one event or person.
- This became known as the “**Logan Boulet Effect**”.
- On April 7, the anniversary of the day Logan Boulet became an organ donor, Canadians recognize Green Shirt Day by wearing green and talking about the powerful impact of organ donation. April is also Organ Donation Awareness Month across Canada. (In 2024, Friday, April 5 is the day in lieu for schools and businesses who wish to participate in Green Shirt Day.)
- The purpose of Green Shirt Day is to honour and remember all the victims and families involved in the Humboldt tragedy, and continue Logan’s legacy of inspiring Canadians to register as organ donors.
- Green Shirt Day shows that there is always hope, even in the most tragic situations.
- The Broncos’ team colours are green and gold. Green is the colour of organ donation awareness.
- Visit [GreenShirtDay.ca](https://www.GreenShirtDay.ca) for more information.
- In B.C., people can take two minutes to register as an organ donor at [taketwominutes.ca](https://www.taketwominutes.ca).



Watch the video: [The Logan Boulet Effect](#) (TSN)

How can your school participate in Green Shirt Day?

- **Wear green!** Since April 7 is a Sunday in 2024, on April 5 **encourage everyone in the school – staff and students – to wear green or a hockey jersey** in support of Green Shirt Day and the Humboldt Broncos victims, survivors and families. Official shirts are available to order at [GreenShirtDay.ca](https://www.GreenShirtDay.ca) but you can wear anything green.
- **Challenge students:** Consider issuing a challenge to students to encourage as many as possible to wear green or register themselves or their family members as organ donors.
- **Bring the conversation into the classroom:** Teachers can incorporate Green Shirt Day and organ donation discussions in the classroom. Some discussion ideas include:
 - Green Shirt Day is the result of an inspiring story going viral on social media. Discuss with students and examine the short- and long-term impacts of a story going “viral”.
 - Mainstream media interest in Logan Boulet’s story was profound and prolific. Search news reports and videos since 2018, review and discuss.
 - Discuss altruism in connection with Logan Boulet’s gifts of life. What does altruism mean to you and how are you altruistic? What can you do to be more altruistic?
 - Discuss what it means to be an organ donor or a transplant recipient. Would you want to be an organ donor? Has organ donation or transplant had an impact on your family?
 - View BC Transplant videos (bit.ly/taketwominutes) of real people affected by organ donation and transplant, and discuss how the decision to become an organ donor affects those in our world and community.
 - Invite a BC Transplant speaker – transplant recipient, donor family, or organ donation specialist – to speak to your class to learn more about organ donation
- **BC Transplant has developed a [high-school science organ donation curriculum](#)** (under school programs, click B.C. high-school science curriculum program) that can be used in class, and supplemented by an in-person or virtual presentation by a BC Transplant organ donation specialist or volunteer.
- **Explore the [education resources](#) available to Canadian teachers and students, and bring some into the classroom.** Canadian Blood Services has a helpful online portal that brings together education resources for teachers, students and parents.
- **The B.C. Ministry of Education has a [Grade 8 lesson plan](#) on organ donor awareness** that can easily be adapted to other grades and made specific to Green Shirt Day. The original lesson plan is available online.



BC Transplant's "Live Life. Pass It On." scholarship for grade 10-12 students

Encourage Grade 10-12 students to apply for a \$1500 scholarship

- Green Shirt Day offers grade 10-12 students the opportunity to demonstrate their leadership and inspire their fellow students and community on the subject of organ donation awareness.
- **BC Transplant will award four \$1500 scholarships to Grade 10-12 students who lead an organ donation awareness project in their school or community in the 2023/24 school year.**
- Students can organize their whole school to participate in Green Shirt Day on Friday, April 5 (since April 7, 2024 falls on a Sunday), start a social media challenge, host an organ donor registration drive in their school or community, or plan their own creative project. BC Transplant has a [one-pager of ideas for students](#).
- Students must submit a 500-word essay or short video to showcase their organ donation awareness project.
- **Deadline to apply is May 3, 2024.** For more details, visit www.transplant.bc.ca



5 easy ways to get involved

1. PA announcements

- a. Guess what? Green Shirt Day at our school is coming up on April 5th and everyone should wear a green shirt or a hockey jersey! This is in honour of Logan Boulet, a young hockey player who died in the Humboldt Broncos bus crash six years ago and saved six people's lives by donating his organs. Let's rally together for this important awareness event. See you in green!
- b. It's Green Shirt Day today. Thanks for wearing green in support of organ donation awareness and registration! Today is a good reminder to register as an organ donor – like Logan Boulet who saved six people's lives with his organ donation – or talk about it with your friends or family. Registering as a donor offers hope to the more than 500 people in BC waiting for a life-saving organ transplant.

2. School assemblies or classroom presentations

- a. **Video:** BC Transplant has created an [awareness video](#) targeted at youth. Build it into your calendar to share with students during class or a school assembly. Other videos can also be found on BC Transplant's [YouTube page](#) (bit.ly/taketwominutes) and in the Helpful Resources section of this document.
- b. **Presenter:** Request BC Transplant to arrange a transplant recipient, living donor or donor family member to share their story face-to-face or virtually with your staff and students. Is there someone at your school who has their own connection to donation and transplant? Ask them if they're willing to share their story.



3. Newsletter write-up

On April 5, 2024, schools across Canada will participate in Green Shirt Day. In April 2018, the tragic Humboldt Broncos bus crash affected the entire country. One of the players, Logan Boulet, was able to save six people through organ donation. His gift showed there is always hope, even in the most tragic situations. Students can participate on **April 5** by wearing a **green shirt or a jersey** in support of all those affected by the Broncos bus crash and to honour Logan's legacy of selfless giving.

Green Shirt Day is a great reminder to register as an organ donor or talk about it with your friends and family. Registering as a donor offers hope to the more than 500 people in BC waiting for a life-saving organ transplant.

Take Two Minutes and Save a Life. Talk to your parents about organ donor registration today, and register online at taketwominutes.ca.

4. Get a BC Transplant campaign kit for your school

BC Transplant has posters on organ donation that you can order to put up at your school. We can also send organ donor registration cards to distribute as part of Green Shirt Day activities. Contact us at info@bct.phsa.ca. You can also download and print Green Shirt Day posters at GreenShirtDay.ca.

5. Get social and share with us!

We would love to see the participation of students and staff on Green Shirt Day! We will be sharing photos of people from all around the province showcasing their support for organ donation in honour of Logan Boulet. BC Transplant also has social media images available at transplant.bc.ca that you are welcome to use.

Please email photos to Divya at divya.thakor@bct.phsa.ca, or tag us on social media:

- Facebook ([@BCTransplant](https://www.facebook.com/BCTransplant))
- Twitter ([@BC_Transplant](https://twitter.com/BC_Transplant))
- Instagram ([@bc_transplant](https://www.instagram.com/bc_transplant))
- Hashtags:
 - #GreenShirtDay
 - #LoganBouletEffect
 - #HumboldtStrong
 - #TakeTwoMinutes



Helpful resources

Online resources

- Canadian Blood Services has a helpful online portal that brings together education resources for teachers, students and parents: learn.organtissuedonation.ca
- The BC Ministry of Education has developed a Grade 8 lesson plan on organ donor awareness that can easily be adapted to other grades and made specific to Green Shirt Day. Updated lesson plan is available for download [here](#). The original lesson plan is available [here](#).
- Organ donation lesson plans for educators - produced by [Donate Life California](https://www.donatelife.ca).
- [Mommy Can Play Again](#)– This story of Molly, whose mother is waiting for a lung transplant, is published by the Transplant Recipient International Organization (TRIO) and designed for younger children.
- [The ant who needed a transplant](#) – Another storybook designed for young children to help them learn how an act of kindness can save a life. Written by Dr. Bill Wall, this book embraces the themes of empathy, altruism, and compassion. BC Transplant also has some copies available to send to classrooms for free.

Videos

- [Take Two Minutes with Natalie, Abby and Olivia](#)

- BC Transplant YouTube channel: bit.ly/taketwominutes
- Short educational video – [Canadian Blood Services' Learning to Save Lives](#) - organ and tissue donation (1 min 30 sec)
- TSN Logan Boulet Effect Video on [YouTube](#)
- Global News: [Family of Logan Boulet explains why he became an organ donor](#)
- Global News: [Logan Boulet's parents to honour son's legacy at Saskatoon event](#)
- Canadian Transplant Association "Family Talk": [English](#) & [French](#)
- Canadian Transplant Association "Braden's story": [English](#) & [French](#)

BC Transplant quick facts on organ donation and registration

- Your registration in BC Transplant's Organ Donor Registry is an official record of your decision on organ donation. If you aren't registered, your family will decide for you.
- You are more likely to need a transplant than you are to be an organ donor.
- Less than 1% of people die in a way that allows them to be an organ donor.
- To become an organ donor, a person must be in a hospital Intensive Care Unit and be on a ventilator.
- Donation is considered only after all life-saving efforts are made and it's certain a person will not survive.
- Two doctors, not involved in transplant, must declare death before organ donation can proceed.
- You may still be able to donate if you have a medical condition. Register your decision and the specialists will determine if you can.
- There is no age limit for organ donation. The oldest organ donor in Canada was 92 years old!
- Anyone can register their decision. If you are 19 and over, your registration constitutes a legally valid decision record. For someone under the age of 19, your registration reflects an expressed wish about organ donation and is not a legally binding decision record. You can formalize your decision legally once you turn 19.
- You only need to register once.
- Once you've registered your decision, take the time to talk to your loved ones about your wishes.
- A decal on your driver's license or Care Card is no longer enough.
- Not sure if you've registered? Verify online at transplant.bc.ca with your Personal Health Number.

Organ donation and transplant FAQs

(Excerpted from [Donate Life California student resources](#))

What is an organ?

Much like a machine, our bodies are made up of lots of working parts. For humans, these working parts are called organs. All of our organs work together in our body, but each organ also has a specific job, such as pumping or cleaning our blood or helping us breathe.

What do the organs do?

Lungs – Our two lungs help us to breathe.

Heart – Our heart pumps blood through our bodies.

Kidneys – Our two kidneys help to clean our bodies of waste. They also make urine.

Liver – Our liver helps to break down the food we eat.

Pancreas – Our pancreas helps our bodies to digest food.

Intestine – Our intestine turns food and liquid into fuel for our bodies.

What is an organ transplant?

Sometimes our organs don't work properly. This can be because of an illness or just something the person was born with. When this happens, doctors will decide if they can replace the organ with a healthy one from someone else.

What organs can be transplanted?

Lungs, heart, kidneys, liver, and pancreas.

Where do the organs come from?

Organs can come from a living person or someone who has died. A living donor is someone who wants to help by giving all or part of a healthy organ. A living donor can donate one kidney or a part of the liver. Sometimes someone who has died can also share their organs. In this case, the person and/or the person's family generously agrees to donate the organs to help someone else live.

How does the new organ get inside a person?

The person will need to have an operation in the hospital. After the operation, the person might have a scar from where the doctors took out the organ that didn't work and put in the new one. This will be sore for a while, but it will heal.

What happens after someone receives an organ transplant?

After the transplant, it will take some time to heal and the person may have to stay in the hospital. The person will also have to take medicine every day to keep healthy and may get sick more than you do, or visit their doctor often - but in most cases, once they are feeling better, a person can do everything that you can do. If the person is coming back to school after a long absence, he or she might be nervous or need to catch up on school work. You can help the person in class, answer questions, invite the person to eat lunch with you, and be a friend. Also, because someone with an organ transplant can get sick more easily, it is important to wash your hands often and not visit the person when you are sick.

Background materials

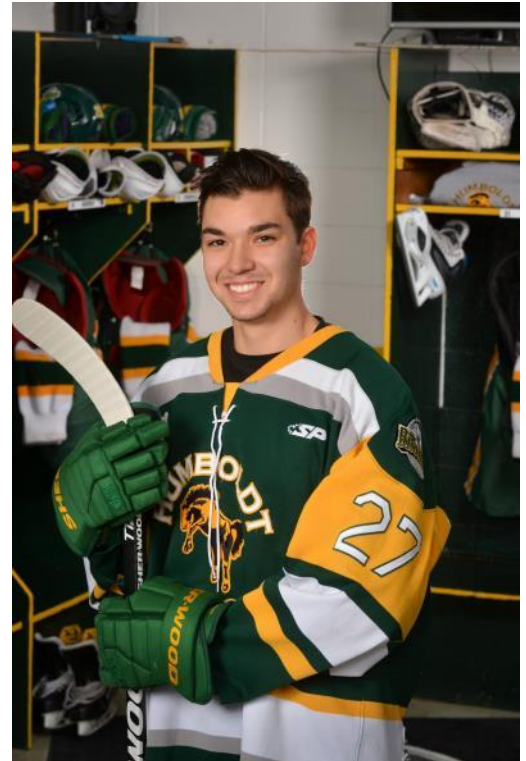
Logan Boulet's story

Logan Boulet made the decision to be an organ donor just weeks before he died in the tragic Humboldt Broncos bus crash in April 2018. Logan was inspired to register his decision to donate by his coach and mentor, Ric Suggit, who had died in 2017 and was an organ donor.

After Logan registered his decision, he took the wise and necessary step of sharing his decision with his friends and family. The act of registering his choice and sharing that decision with his loved ones helped prepare them to make the heart-wrenching decision to allow Logan's organs to be donated for transplant.

The details of this tragic event have reached a wide audience. Since 2018, "The Logan Boulet Effect" has inspired hundreds of thousands of Canadians to become registered organ donors. Logan's family continues to share his story, making an essential contribution to nationwide public awareness of organ and tissue donation.

Join the Boulet family in spreading the word about the importance of organ donation and honour Logan's legacy by participating in national [Green Shirt Day](#) on April 7 (or April 5, 2024 in lieu) and raising awareness of organ and tissue donation through the month of April.



Background: Organ donation and transplant in British Columbia

There are more than 500 British Columbians waiting for a life-saving organ transplant in this province. Almost 80 per cent of patients on the transplant wait list live with chronic kidney disease and are currently on dialysis. Those patients on the wait list for a heart, liver or lungs suffer from a variety of chronic diseases such as cardiomyopathy, polycystic liver disease and cystic fibrosis.

For the people on the transplant wait list, organ donation and transplant gives them a new chance at life – an ability to live a normal life, travel, resume work, and spend time with family. While transplant has a physical impact on each patient, the benefits are felt by a much larger circle of family, friends and community.

BC Transplant: Who we are

BC Transplant provides oversight for all aspects of organ donation and transplantation across B.C. Funded principally through the B.C. Ministry of Health, we are a program of the Provincial Health Services Authority (PHSA).

With compassion, collaboration and innovation, we save lives and offer hope through organ donation and transplant.

We work to accomplish this mission through:

- Direct delivery of organ donation activities across B.C. and inter-provincially, including donor management, in-hospital support, and organ retrieval
- Management of the province's official Organ Donor Registry and the province's organ transplant wait list
- Organ donor awareness and education programs
- Funding regionalized programs for pre-transplant assessment and post-transplant management in partnership with health authorities, including immunosuppressant therapies
- Investment in living donation and deceased donation, which includes expanding capacity for donation after circulatory death
- Maintaining policies, professional standards and clinical guidelines for donation and transplant-related activities

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